## **Waiver and Release Policy**

By participating in any course, coaching session, or fitness class offered through The Fluent World, I acknowledge and agree to the following:

- I understand that all services provided are educational and/or physical in nature, and I voluntarily assume any risks associated with participation.
- I release The Fluent World and its instructors, including Coach Fierros, from any liability for injury, loss, or damage incurred during or after participation.
- I confirm that I am physically and mentally fit to participate in any services I enroll
  in.
- I understand that all materials provided are the intellectual property of the instructor and The Fluent World and may not be copied or distributed without permission.
- I understand that sessions are non-refundable unless otherwise stated and must be canceled with at least 24 hours' notice for rescheduling eligibility.

By enrolling in any course or session, I acknowledge that I have read, understood, and agreed to this policy.